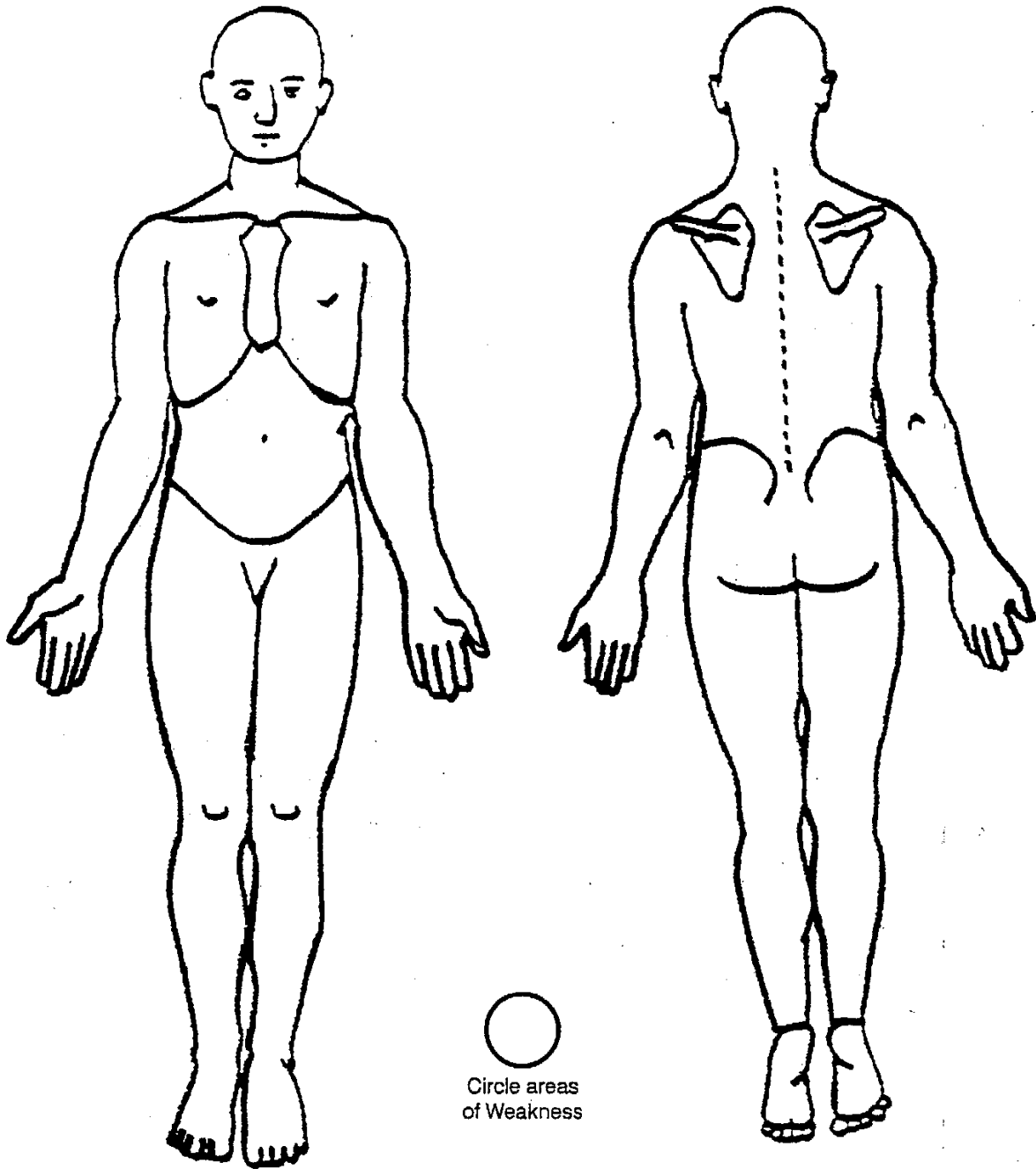


Patient Name: \_\_\_\_\_

Date: \_\_\_\_\_

### Patient Symptom Drawing

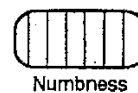


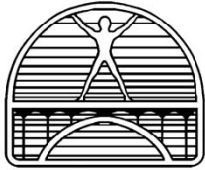
#### Pain Scale



0 Indicate on the scale the level of pain you are experiencing. 10  
Zero is no pain and 10 is the most excruciating pain imaginable

Use the body diagram above to indicate the location of any of the sensations listed. Mark the areas on the diagram with the symbol that best describes the sensation you feel





**FOLSOM PHYSICAL THERAPY**  
*and Training Center*  
**HEALTH HISTORY**

---

- | <b>Yes</b>            | <b>No</b>             |                                                                                                    |
|-----------------------|-----------------------|----------------------------------------------------------------------------------------------------|
| <input type="radio"/> | <input type="radio"/> | Osteoporosis                                                                                       |
| <input type="radio"/> | <input type="radio"/> | Diabetes                                                                                           |
| <input type="radio"/> | <input type="radio"/> | Hypertension (High Blood Pressure)                                                                 |
| <input type="radio"/> | <input type="radio"/> | Heart Disease                                                                                      |
| <input type="radio"/> | <input type="radio"/> | Cancer or Tumors                                                                                   |
| <input type="radio"/> | <input type="radio"/> | Lung Problems                                                                                      |
| <input type="radio"/> | <input type="radio"/> | Stomach Problems                                                                                   |
| <input type="radio"/> | <input type="radio"/> | Kidney or Liver Problems                                                                           |
| <input type="radio"/> | <input type="radio"/> | Arthritis or other Joint Problems                                                                  |
| <input type="radio"/> | <input type="radio"/> | Seizures or Nervous Disorders                                                                      |
| <input type="radio"/> | <input type="radio"/> | Allergies                                                                                          |
| <input type="radio"/> | <input type="radio"/> | Dermatitis or any Skin Problems                                                                    |
| <input type="radio"/> | <input type="radio"/> | Eye Problems                                                                                       |
| <input type="radio"/> | <input type="radio"/> | Hernias                                                                                            |
| <input type="radio"/> | <input type="radio"/> | Unusual/ Frequent Headaches                                                                        |
| <input type="radio"/> | <input type="radio"/> | <b>Are there any other health problems not mentioned above? If so please describe:</b>             |
| <input type="radio"/> | <input type="radio"/> | <b>Do you have any family history of any of the above problems? If so, please describe:</b>        |
| <input type="radio"/> | <input type="radio"/> | Are you pregnant?                                                                                  |
| <input type="radio"/> | <input type="radio"/> | Do you have any implants? (i.e. joint replacements or pacemakers)?                                 |
| <input type="radio"/> | <input type="radio"/> | Are you awakened at night?                                                                         |
| <input type="radio"/> | <input type="radio"/> | Do you ever have uncontrolled leakage of urine, gas, or feces?                                     |
| <input type="radio"/> | <input type="radio"/> | Have you ever taken any medications for longer than a few weeks?                                   |
| <input type="radio"/> | <input type="radio"/> | Have you ever taken any steroid medications such as cortisone?                                     |
| <input type="radio"/> | <input type="radio"/> | Are you currently taking any medications?                                                          |
| <input type="radio"/> | <input type="radio"/> | Have you ever been hospitalized?                                                                   |
| <input type="radio"/> | <input type="radio"/> | Have you ever had surgery?                                                                         |
| <input type="radio"/> | <input type="radio"/> | Have you ever been placed in a splint, cast, ace wrap or sling?                                    |
| <input type="radio"/> | <input type="radio"/> | Have you ever had to use crutches, canes, a walker, or wheelchair?                                 |
| <input type="radio"/> | <input type="radio"/> | Do you use any shoe lifts, braces, corsets, or supports?                                           |
| <input type="radio"/> | <input type="radio"/> | Are you currently treated by any other doctor, therapist, chiropractor, masseuse, podiatrist, etc. |

Do you consider your health to be:  Excellent,  Good,  Fair,  Poor

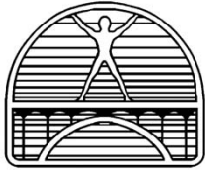
Date of Last Physical Exam: \_\_\_\_\_ Physician: \_\_\_\_\_

Reason for Today's Visit: \_\_\_\_\_

Current Physician: \_\_\_\_\_ Who Recommended you to us? \_\_\_\_\_

(Patient/Guardian) **Signature:** \_\_\_\_\_

**Date:** \_\_\_\_\_



**FOLSOM PHYSICAL THERAPY**  
*and Training Center*  
BMI/ MEDICATION LIST

---

Patient Name: \_\_\_\_\_ DOB: \_\_\_\_\_

**Patient Medication List**

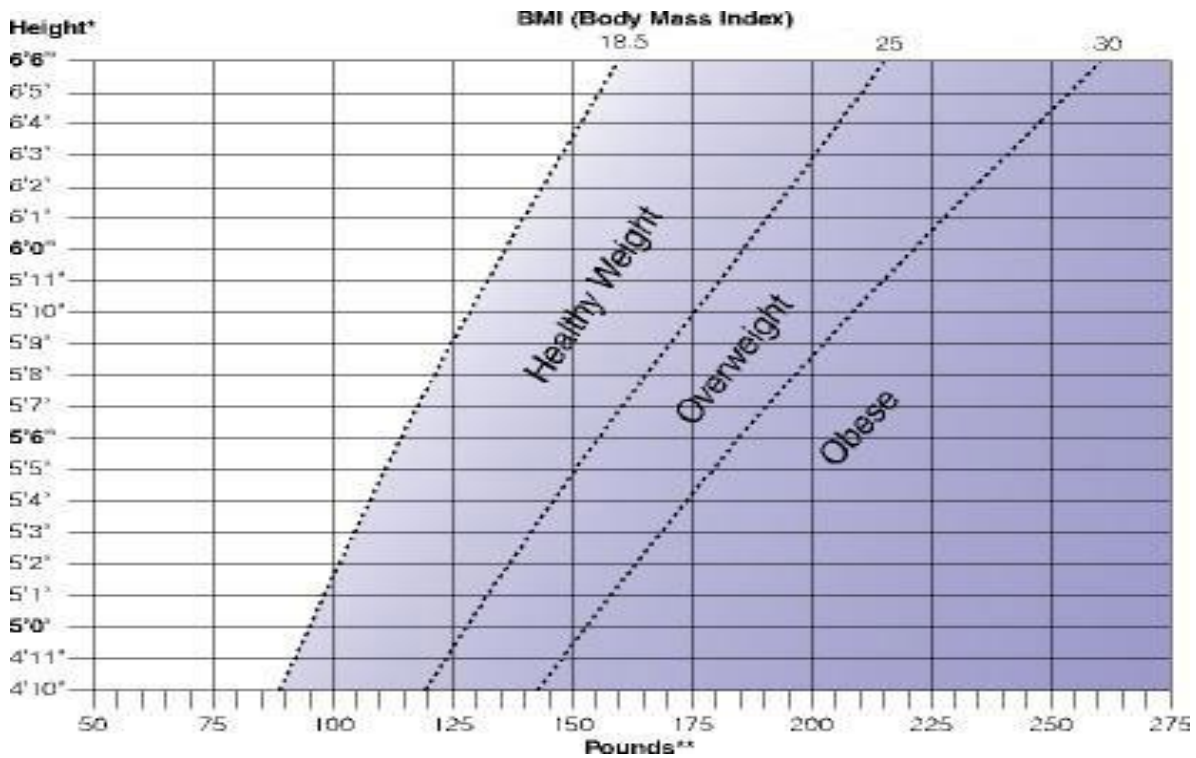
Medication	Dose	Reason	Start Date

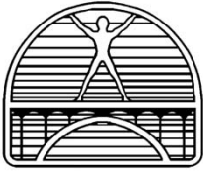
**Patient BMI**

---

Weight (lbs) \_\_\_\_\_

Height \_\_\_\_\_





**FOLSOM PHYSICAL THERAPY**  
*and Training Center*  
**CONSENT TO TREAT**

---

**Please circle Yes or No:** (for the current body part/ injury)

Were you injured on the job?	Yes	No
Have you filed a work comp. claim?	Yes	No
Were you involved in a Motor Vehicle Accident?	Yes	No
Is this injury involved in litigation?	Yes	No

**\*We DO NOT accept liens against pending legal settlements.**

If you have an **Attorney**, please fill out the following:

Name of Attorney: \_\_\_\_\_

Phone: \_\_\_\_\_ Fax: \_\_\_\_\_

Address (include city, state & zip): \_\_\_\_\_

Have you had any Physical Therapy this year at another clinic?	Yes	No
----------------------------------------------------------------	-----	----

If yes, how many visits? \_\_\_\_\_

Have you had any Chiropractic visits this year?	Yes	No
-------------------------------------------------	-----	----

If yes, how many visits? \_\_\_\_\_

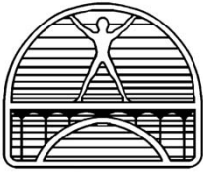
**Missed Appointments:**

Please notify us at least 24 hours in advance if you cannot keep your scheduled appointment in order for us to be able to fill your appointment time. **Cancellations or missed appointments without 24 hour notice are subject to a charge equal to the amount of the appointment to your credit card.**

I, \_\_\_\_\_, have read and understand that I remain responsible for the total amount due to Folsom Physical Therapy for their services and policies, such as that listed above. I, the undersigned, do hereby agree and give my consent to Folsom Physical Therapy to furnish my medical care and treatment considered necessary and proper in assessing or treating my physical condition.

I hereby assign all medical benefits to Folsom Physical Therapy and authorize release of all information necessary to secure payment. A photocopy should be considered valid.

(Patient/Guardian) **Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_



**FOLSOM PHYSICAL THERAPY**  
*and Training Center*  
**FINANCIAL POLICY**

---

**Payment is due at the time of service** unless special payment arrangements have been approved in advance by our staff. We accept cash, checks, major credit cards (Visa, MasterCard, etc.) We will be happy to process to your insurance claim for reimbursement. However, **it is the patient's responsibility to familiarize themselves with their own insurance policy and understand their terms and coverage thoroughly regarding physical therapy.**

The exact cost of our treatment is impossible to predict as the amount billed varies depending on services rendered at each visit. Reimbursements by insurance companies also vary and are predictably less than the billed amount.

In an attempt to help you understand your financial relationship with us, an estimate of the average cost of treatment is as follows:

	Average Billed Amount	Cash Pay Discount
<u>Evaluation</u>	\$225.00	\$150.00
<u>Regular follow-up</u>	\$125.00	\$85.00
<u>Extended Follow-up</u>	\$200.00	\$150.00

The cash pay discount can be applied if arrangements are made **prior** to initiating treatment and paid at the time service is rendered.

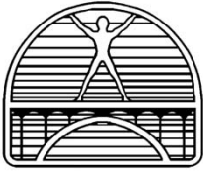
*Please do not ask us to retroactively alter our business arrangement with you. Once your insurance has been billed it is very difficult to alter the process.*

If you have a large deductible it may be in your best interest to have a cash pay arrangement with us. You may also be capable of submitting your receipts to your insurance company for full or partial reimbursement, or the amount paid applied to your deductible. Your ability to do so and the amount recognized by your insurance company will be dependent of your contract with them.

If you have any questions regarding the above information, please do not hesitate to ask us.

I, \_\_\_\_\_, have read and understand the Financial Policy as stated above.  
**(PRINT NAME HERE)**

**(Patient/Guardian) Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_



**FOLSOM PHYSICAL THERAPY**  
*and Training Center*  
**PRIVACY PRACTICE**

---

- This notice describes how medical information about you, the patient, may be used and disclosed. It also explains how you can get access to this information.

**Please review it carefully.**

Our commitment here at *Folsom Physical Therapy* is to serve our patients with professionalism and care, while protecting the privacy and security of all Protected Health Information at all times.

During the course of serving your interests, it may be necessary to share information with other health care providers or business associates. Examples of such instances are described below:

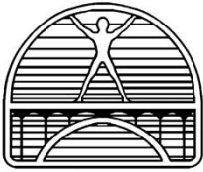
- We may request from your physician MRI's, X-Rays, operation reports and other information that would be helpful in the course of your treatment.
- We use the services of an independent billing company, and so medical information will be passed along to them for billing and payment purposes.

We, here at *Folsom Physical Therapy*, are committed to obeying all federal, state and local laws regarding privacy practices. If any other uses or disclosures other than those listed above are needed, information will only be released with the written authorization of the individual in question. The individual, as provided by law, may revoke this written authorization at any time.

If you have any questions or comments regarding your protected health information, please contact our compliance officer, **Darlene** at **(916) 355-8500**.

I, \_\_\_\_\_, have read and understand the above Notice of Privacy Practices.  
**(PRINT NAME HERE)**

(Patient/Guardian) **Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_



**FOLSOM PHYSICAL THERAPY**  
*and Training Center*  
**MEDICAL RELEASE AUTHORIZATION**

---

To Whom It May Concern:

I, \_\_\_\_\_, hereby give my consent for Folsom Physical Therapy to release my Protected Health Information (PHI) including physical therapy notes, dates of services, and diagnosis codes, to/from the following person(s)/facilities:

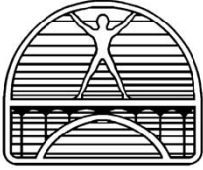
\_\_\_\_\_, M.D

Effective dates: \_\_\_\_\_ - end of treatment

This authorization may be revoked at any time by delivering a signed Restriction Request Form to our business office at Folsom Physical Therapy.

Sincerely,

(Patient/Guardian) **Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_



**FOLSOM PHYSICAL THERAPY**  
*and Training Center*  
FOR PROFIT

---

➤ **FOLSOM PHYSICAL THERAPY IS A FOR PROFIT BUSINESS**

AB 1000 allowing consumers to directly access physical therapy services for the lesser of 12 visits or 45 days from the date the services were initiated. This law requires physical therapy practices to inform patients that they are “For Profit” businesses and that the recommendation of treatment will influence their profit.

Please sign below, indicating that Folsom Physical Therapy & Training Center has complied with this aspect of the law.

(Patient/Guardian) **Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

➤ **APPOINTMENT REMINDER WAIVER**

I, \_\_\_\_\_, would like to receive text/email reminders regarding my scheduled appointments at Folsom Physical Therapy. I, the undersigned, give Folsom Physical Therapy permission to send my appointment information to me via text/email. I understand that standard text messaging rates will apply to me. I also understand that I cannot reply to the text/email reminders directly, and that I will need to call Folsom Physical Therapy in order to cancel or reschedule an appointment.

Cell Phone Carrier: \_\_\_\_\_

(Patient/Guardian) **Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_